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**Workshop title:**

Welcome to the Circus of Chaos! Constructive and playful detours in Supervision and Coaching

**Duration:** 1x 1h 45 min

**Goal of the workshop:**

The participants have playful discovering experiences in incomprehensibility and get new perspectives on their work as supervisors and coaches.

**Concept:**

In a laboratory situation we create confusion in different and playful methodological ways, simulating a variety of incomprehensible scenarios inviting the participants to open up to new perspectives and behaviors out of the comfort zone. Coming from different backgrounds (science and art) we are using and combining multiple methods, f.e. improvisation theatre, art perspectives and supervisory techniques. The workshop is based on the concepts of ambiguity tolerance as an important psychological aspect of identity building (Krappmann/Mead), the salutogenetic model of Antonovsky, how people can be capable of acting, and ideas of approaching reality by conceptual artists.

**Learning outcome:**

The participants can experience situations of incomprehensibility in a laboratory situation, can reflect on their own patterns and behaviors in the “here and now” of the workshop and can transfer this experience in their practice as supervisors and coaches.

**Profile**

Sabine and Marion are both coaches and supervisors for 23 years.

*Prof. Dr. Sabine Pankofer*

Sabine is a Professor of Psychology since 1998 at the KSH Munich and is working as a supervisor and coach since 2000 in many fields, especially in social work and in science. Since 2010 she is the head of the training in supervision and coaching at the KSH Munich. She is the vice chairman of the supervisory board of the DGSv since 2021.

*Marion von Oijen*

Marion van Oijen is a coach and trainer with a diverse background in the arts and personal development. Her educational journey began at the renowned Art Academy Rietveld, where she studied as an artist and honed her creative talents. Later on, she expanded her skillset by obtaining qualifications in (team)coaching and supervision, which led her to a successful

career as a coach and trainer in management development programs since 2000. In the last five years, Marion has focused her expertise on working with young professionals aged between 20 and 30, providing them with the guidance and support they need to navigate the challenges of early adulthood and build fulfilling careers. With her extensive knowledge and experience, Marion is dedicated to helping her clients achieve their full potential and reach their goals.