

**Kristina Urbanc**

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Croatia



**Workshop title:**

Visit to the theatre

**Duration:** 1 h 45 mins on Wednesday, 1 h 30 mins on Friday

**Goal of the workshop:**

Individual processing of the planned activity "Visit to the theatre", based on the concepts of guided fantasy and creative approaches to supervision.

Encouraging further research of the development of professional competences and to recognize one's own resources, difficulties, and challenges in working with clients and supervisees.

**Concept:**

Exercise is performed as a guided fantasy in the group, each group member is participating silently, making notes or drawing some symbols between acts in the theatre show. Then the participants can share and present their experiences in the group, with the use of creative techniques.

At the end of the "visiting the theatre", leader gives guidelines for understanding, discussing and presenting experiences individually and in the small groups, using creative techniques.

**Learning outcome:**

- Getting insight of the integration process of our professional and personal identity, integrity and values using whole atmosphere of the theatre play and acts of the play as a metaphor and using these experiences in work and relationships.
- Discussion of using exercise as a supervision tool with different purposes (at the beginning, in educational supervision, as intervention in supervision, at the end, for the evaluation of the process and outcomes etc.)

**Profile**

Prof. dr. sc. Kristina Urbanc is social worker, holds PhD in social pedagogy, licensed supervisor, systemic family therapist and integrative child therapist. She works at the Department of social work, Faculty of Law, University of Zagreb as a full professor in permanent position, teaching various courses at graduate and postgraduate level: Creative methods in social work, Social casework, Users perspective in social work, Integrative social work, Methods of supervision; Individual and group supervision etc. She also works with adolescents in a counselling "Centre for children, youth and families Velika Gorica", Croatia on a weekly basis as a child psychodrama therapist. She is the author of two books and over 60 articles published in scientific and professional revues.

She works in various supervision projects, and currently is a president of Croatian Association for supervision and organisational development.