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Workshop title:
'BEYOND WORDS.....'
Using images, symbols, and metaphors in supervision

Duration: 1x 1h 45min

Goals of the workshop:

Introduce participants to the use of short visual assignments in supervision.
Experience what the added value of visual assignments can be.
Provide tools and tips that participants can apply as interventions in supervision.

Concept:

In international cooperation and communication, language can be very helpful. But an image sometimes can say more than words can tell.
In this workshop we explore the power of expression through visual means in supervision. It can help the supervisee to tell her or his story and to more deeply explore a subject. During the workshop there will be many examples of visual interventions, how to use them and tips and tools. The participants will work on short assignments in small groups, and will explore the added value of communication through visual works. We will discuss visual intervention and the transfer from the supervision context to the practice of the supervisee.

Learning outcomes:

You will become acquainted with various options you can apply in your own practice. For example:

- the use of metaphors to show system dynamics
- symbols to display a subject
- a small drawing for a subject or work issue
- a sequence of images to display a process.

Profile

Ellen Budde has over 40 years of experience working with different communities. First for 10 years as an art therapist and thereafter as a teacher in higher education and senior project manager at the Amsterdam University of Applied Science.

Ellen also runs a business that provides supervision, coaching, teachings and workshops for individuals and companies in profit and non-profit sector. She has been leading several international workshops. Since 1994 Ellen is registered in the Professional Register of the LVSC register for supervisors and coaches.

She is the author of several publications and books on creative intervention in supervision and coaching. <https://ellenbudde.nl/boeken-en-artikelen/> You can find more information on [LinkedIn](#) and her website www.ellenbudde.nl .