

**Barbara Gogala**

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Slovenia



**Workshop title:**

Clayvision

**Duration of the workshop:** 1x 1h 45 min

**Goal of the workshop:**

The participants acquire an experience of nonverbal and tactile reflection process.

**Concept:**

The workshop concept goes beyond words. It offers the experience of the supervision experience through projection in clay. Clay enhances the mind and body connection; it is a perfect material for projection of unconsciousness and helps to recognize the solutions people were not aware of.

The workshop will be mostly experiential. It introduces the use of clay as a tool for nonverbal supervision processes. The first part of the workshop is aimed in the formation of small reflection groups, up to 4 participants. The ice breaker exercise includes group hand building technique. The ice breaker is followed by case identification for each participant and supervision process within small reflection groups. The technique is the result of creative combination of different supervision and coaching approaches with the principals of expressions with art. The conclusion of the workshop consists of the verbal feedbacks on the experience and on the technique itself.

**Learning outcome:**

Participants will acquire learning outcome on two levels:

1. an insight about their particular problem
2. a new technique or an inspiration for their further exploration about using clay in supervision.

**Profile**

Barbara Gogala's original profession is psychology. Besides her basic occupation, mostly about career counselling, she was educated in supervision and has been offering supervision for 18 years. Together with being a supervisor, she was very active in the Slovenian Association for Supervision as well as in ANSE, where she was the member of the board for 8 years.

Lately her interest shifted to ceramics, first as a hobby, now as the project leader of the project BalanCed (<https://en.vcentru.si>, see the English site), aiming in enriching people's lives through creativity. The concept of the programs they are offering within the project integrates the knowledge acquired through her professional career and lifelong learning.