

**Barbara Baumann; Tone Haugs; Gun Kjellberg;
Sonja Wohlatz**

Supervision.baumann@t-online.de; tone.baugs@uis.no;
gun@kjellberg.nu; sonja.wohlatz@chello.at



Germany; Norway; Sweden; Austria

Workshop title:

How to deal with unexpected and unwanted changes?

Duration of the workshop: 1x 1h 45 min

Goal of the workshop:

Raising awareness of processes that happen in times of change.

Concept:

Sharing Experience of our IIG.

Sharing experiences of unwanted and unexpected changes at Individual-, group- and organizational level. Focusing on individual experiences in a supervisory context and in the frame of societal changes.

What are the challenges in dealing with change in supervision?

What do we need in order to handle changes?

How can we deal with unwanted and unexpected changes?

Learning outcome:

A changed attitude to change? A new motivation to take on the challenges and handle change at different levels in supervision.

Profile

Barbara Baumann (62 years old):

Theologian, Biologist; Supervisor (DGSv); since 2007 self-employed in her own practice for supervision, coaching and further education;

lecturer at the University of Cologne; KatHo Aachen.

I experience many changes myself and experience them as challenging, sometimes frightening and memorial inspiring.

Tone Haugs (67years old):

Associate Professor in Health sciences at University of Stavanger, Norway.

Physical therapist (1980), Ba Sociology (1986) , Can. Polit. in Social science (1990), Dr. in Caring science (2022).

Trained in Integrativ Therapy, Trained Supervisor in Health and Social field.

Responsibel for educating Supervisors in Social Science department at UIS.,

Self-employment;

20 years of supervision of teams and groups in the field of Psychiatry and drug addiction.

Metasupervisor and teaching therapist in further education in mental health.

Gun Kjellberg: (72 years old):

Social worker, MPhil in Psychosocial work and trained in psychodynamic therapy, MSc in Group Relations and Society, professor at Lund University 1994-2017. Supervisor since 1994, self-employed since 1995 in my own practice for supervision.

“To dare is to lose one’s footing momentarily. To not dare is to lose oneself.” ~

Søren Kierkegaard

Sonja Wohlatz:

Psychologist, supervisor (ÖVS) and group analyst

I am particularly concerned with resistance, my own and that in teams and groups.